

**IN THIS
ISSUE**

- **President's Report**
- **APPEP 2008 Scientific Meeting**
- **Fellows Meeting**
- **APPEP Website Forum**
- **Focus on
Philippines**

**IN EVERY
ISSUE**

- **Council Details**
- **Future Meetings**

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President's Report

The details of the scientific and social programmes are now being finalised for the APPEP Biennial Scientific meeting in Seoul. This year's meeting theme is "Challenges in Endocrine Practice" and features four plenary lectures, seven symposia, parallel management sessions, five oral sessions, a poster session and five satellite symposia. In total there will be 11 international speakers at the meeting with many local expert speakers. It is a great scientific programme and I hope that all members will endeavour to attend the meeting.

The meeting will begin on Wednesday 29 Oct at lunchtime with symposia from Medtronic and Novo Nordisk that precede the formal meeting opening. In addition there are satellite symposia from Merck Serono and LG on Thursday the 30th October and a breakfast satellite symposium from Pfizer on Friday the 1st of November.

This year we have received a record number of abstracts with great representation from the host country, South Korea. This year we will again conduct a Kaichi Kida oral session to honour Professor Kida, a past president of APPEP, in which an independent panel will select the five best abstracts that will be presented in that session. The two best presentations in this session will receive awards.

In mid-August the APPEP Council will hold a two day strategic planning meeting in Singapore in which almost all council members will attend. This will be an important meeting to undertake not just short term planning but longer term planning of the future direction of our young society. APPEP will benefit from a revitalized launch in direction. Members should expect many novel and challenging new initiatives that will help grow our Society and increase the benefits to membership. Following the meeting a strategic plan will be drafted that will be disseminated to Council and then on to APPEP members and stakeholders for comment be-

fore it is finalised.

Recently the clinical cases forum was launched for members advertised by email with a link to the website. The link to the clinical cases forum has just been added to the APPEP website which will allow more ready access to the forum with reminder emails to members that new cases or comments have been added to view. Unfortunately spam email to the website had slowed down the completion of the forum launch process. Already some very challenging and informative cases have been added to the clinical cases forum and I would encourage all of you to participate.

Very recently the APPEP Council approved a marked reduction in membership fees to promote new membership as part of our goal to grow our Society. Membership fees are now only \$US 100 for five years (ie \$US 20 per year) and \$US 150 for 10 years (ie just \$US 15 per year). These must now be amongst the lowest rates for any society in the world! These new rates will also apply to existing members who will find that their membership is extended from their earlier membership payment. Over just the past six weeks this new initiative has increased membership by 25%! Although ambitious I believe that it is realistic that we can achieve a doubling in membership numbers by the end of the year. The larger APPEP becomes the greater the range of benefits and opportunities we can offer our members.



Wayne Cutfield
APPEP President

APPES 2008 CONFERENCE PROGRAM

TIME	WEDS	THURS	FRI	SAT
0815		Awarding of life memberships by W Cutfield, President of APPES	0715 – 0815 Breakfast Symposia (Pfizer)	
0830		^{P2} Presidential Plenary. Chair: W Cutfield. Novel Strategies to improve final height. Leo Dunkel	^{P3} Precocious puberty management – an update. Erica Eugster	^{P4} Mechanisms of pancreatic β -cell death and its consequence in type 1 diabetes. Myung-Shik Lee
0900				
0930		^{S1} Growth and Puberty The IGF-I axis and growth. Ron Rosenfeld	^{S3} Diagnosis and Management Challenges: Noonan Syndrome. Reiko Horikawa	^{O3} Orals 3
1000		^{S1} The endocrine sequelae of brain tumour survivors: Choong-Ho Shin	^{S3} Klinefelter Syndrome: Growth and hormone replacement Leo Dunkel	^{O3} Orals 3
1030		^{S1} The short SGA child – an update on diagnosis and management. Pierre Chatelain	^{S3} Thyroiditis in Paediatric and Adolescents Nikil Tandon	BREAK
1100		BREAK	BREAK	^{S6} Clinical Controversies (4 x 20 min presentations + 10 min discussion) 1: Update of ISS consensus Pinchas Cohen.
1130		^{O1} Orals 1: Kaichi Kida Oral Session	^{S4} Regional Challenges/ Neonatal Screening The Challenges with neonatal screening in developing country Sylvia Estrada	
1200	1200- 1330 MEDTRONIC Symposium		^{S4} The Challenges with neonatal screening in developed nations Dianne Webster	
1230		LUNCH Satellite (Merck Serono)	AGM/LUNCH	CLOSE & LUNCH
1330		1345: ^{S2} Electrolyte Disorders Recent Insights in the Nephrogenic Syndrome of Inappropriate Antidiuresis Steve Rosenthal	Posters	
1400	1400 - 1530 Novo Nordisk Symposia	^{S2} Childhood cerebral salt wasting. Geoff Ambler		
1430		^{S2} Genetic and functional study of congenital lipoid adrenal hyperplasia Chan-Jong Kim		
1500			1500 – 1530 BREAK	
1515		1515 – 1545		
1530		BREAK	^{S5} Diabetes mellitus The psychological impact of type 1 diabetes Fergus Cameron	
1545		1545 - 1630 ^{O2} Orals 2:	^{O2} Orals 2:	^{S5} The closed loop artificial pancreas Bill Tamborlane
1600	Formal opening			
1630	^{P1} Modern Management of Type 1 Diabetes Mellitus William Tamborlane	^{M1} Cushings Syndrome: Challenges in Decision Making Nalini Shah	^{M2} Management of Turner Syndrome Erica Eugster	^{S5} The Metabolic syndrome. Ho Seong Kim
1700				
1730	Welcome reception	LG Satellite Symposium (1745-1915)		
1830			1900 APPES Dinner	

APPES 2008 CONFERENCE

Only 1 week left to pre-register for the 5th APPES. Please register early before August 15, 2008. to enjoy the special early bird discount. For easy, quick, and convenient registration, please visit www.appes2008seoul.org and make online registration.

Registration acknowledgement will be sent to you via e-mail automatically. If there is no confirmation after your registration (within 3 weeks), please contact the Secretariat as below. Kindly bear in mind that payment must be received by August 15, 2008, in order for participants to qualify for the pre-registration. Registration without appropriate payment will not be honored until full pay-

APPES FELLOWS MEETING

Recently, 40 Fellows were notified of their successful application to attend the 10th APPES Fellows Meeting, being held in Seoul Korea, immediately prior to the Scientific Meeting.

APPES would like to express sincere thanks to Merck-Serono for their ongoing financial and organisational support for this annual meeting.

The meeting will feature 8 faculty:

- Maria Craig (Australia)
- Erica Euguster (USA)
- Paul Hofman (New Zealand)
- Ho Seong Kim (Korea)
- Yung Seng Lee (Singapore)
- Xiaoping Luo (China)
- Nalini Shah (India)
- Sei Won Yang (Korea)

Sessions will be chaired by Profs Wayne Cutfield (APPES President), Louis Low and Chris Cowell.

Once again, APPES received many more applications than positions available. We thank all applicants, and continue to encourage any member who was not successful this year to re-apply again for next year's meeting.

APPES CONFERENCE PROGRAM

The Scientific Program for the 2008 APPES meeting in Seoul is coming together well and is now almost complete.

It is looking exciting with a range of senior international experts presenting both in the plenary sessions and in symposia. They are backed by strong local and regional APPES speakers with a varied and stimulating program.

The conference has a record number of high quality satellite symposia this year including two preceding the conference opening on the first day from Medtronic and Novo Nordisk and three during the conference from LG, Merck Serono and Pfizer. They cover complementary topics and all have excellent speakers.

The program on the opposite page outlines the main speakers and times of the satellite symposia.

Finally I would like to thank those APPES members who have submitted abstracts this year. There have been almost 200 received and they have been of a high standard. I look forward to seeing you all in Seoul!

Paul Hofman, SPC Chair

APPES NEW WEBSITE FORUM

APPES are pleased to announce a NEW member benefit which will enable easy communication throughout the region.

A website clinical forum has been established – for members to post cases, share ideas and diagnosis. The website for the forum is: www.forum.appes.org OR you can log on from the APPES website. For full instructions, click on the link on the APPES Homepage: www.appes.org

You need to register to use this forum (this is separate to your APPES membership registration).

We encourage all members to utilise this method of easy communication throughout the region.

Please do not hesitate to contact the APPES Secretariat if you have any problems using the Forum. Your comments and feedback are invited and most welcome.

FOCUS ON...Philippines



Each Newsletter, we plan to bring you news from one of the Member Countries.

Pediatric Endocrinology in the Philippines – The Role of PSPME

The Philippine Society of Pediatric Metabolism and Endocrinology (PSPME) is a cohesive society that aims to enable pediatric endocrinologist to provide quality care to children and adolescents with endocrine disorders.

The history of PSPME dated back to about 19 years ago. On November 6, 1989, a first meeting was called by Dr. Ludivina Garces-Holst to create a pediatric endocrine group. Subsequently, there were several meetings of pediatric endocrinologists coming from university teaching hospitals and private hospitals to discuss issues of organization, endocrine practice and other interesting topics. The induction of first set of officers of PSPME was on September 7, 1991. The founding president is Dr. Ludivina Garces-Holst; other past presidents include Dr. Carmelita Fagela-Domingo, Dr. Leticia de Asis- Bualuz, Dr. Sioksoan Chan-Cua, and Dr. Melinda M. Atienza. Current president is Dr. Lorna R. Abad. Most of the PSPME members are practicing in Metro Manila and major cities in Visaya and Mindanao, like Cebu and Davao.

It shall be the purpose of the PSPME to:

1. Provide the highest standard medical care to Filipino children and adolescents with endocrine and metabolic disorders.
2. Establish and strengthen education and training programs in pediatric endocrinology and metabolism.
3. Encourage research efforts that will benefit Filipino children and adolescents with endocrine and metabolic disorders.
4. Uphold the internationally recognized standards of the practice of pediatric endocrinology by ensuring the competence of practicing pediatric endocrinologists through qualifying subspecialty board examinations and continuing medical education courses in pediatric endocrinology and metabolism.
5. Maintain rule of self governance and conduct of PSPME members in compliance with the Society's Constitution and By-laws.
6. Increase community awareness of pediatric endocrine and metabolic disorders and provide outreach community service that will address these problems.

The PSPME has worked and cooperated with various medical societies including Philippine Pediatric Society (PPS), the Philippine Society of Endocrinology and Metabolism (PSEM), academic institutions, government agencies and the non-government organizations like CAH-Living as Neighbors (CLAN) and industrial partners in the field of pediatric endocrinology.

October is designated as the PPS Endocrine Month. An endocrine lecture is given to the members of PPS. PSPME Subspecialty Convention is generally held in October. So far, the PSPME has organized 5 subspecialty conventions (in 1993, 1997, 2003, 2005



FOCUS ON....Philippines (cont)

and 2007) to provide continuing education and training of physicians.

A major PSPME project in 2004 was the organization of a lay forum (October 26) with emphasis on certain endocrine diseases like congenital hypothyroidism (CH), congenital adrenal hyperplasia (CAH), childhood diabetes, obesity and growth disorders. The objective was to help parents and caregivers understand the endocrine diseases and improve the care of the affected children. It was a great opportunity for sharing personal experiences. The activity was supported by the industrial partners and concerned friends.

The CAHSAPI is a parent support group for patients with congenital adrenal hyperplasia. It's the product of the joint effort of the PSPME, Section of Pediatric Endocrinology, University of the Philippines-Philippine General Hospital (UP-PGH) and CLAN of Australia. The name "CAHSAPI" is a wordplay for the local term 'kasapi' which means 'a part of'. It may also mean CAH sa Pilipinas. It is indeed a wonderful and suitable name for the CAH parent support group; it was the bright idea of the father of a CAH girl, Mr. Alain Yap who is also the president of CAHSAPI. The inaugural activities on December 11, 2005 included lectures by doctors, sharing of experience by Dr. Kate Hansen who represented CLAN that donated hydrocortisone and fludrocortisone tablets for the CAH patients. Each CAH patient and family attended the assembly received a kit which contained educational booklets on CAH and at least a bottle of free medicine. On November 10, 2006, Dr. Kate Hansen and Claire Henderson from Australia attended CAHSAPI meeting at PGH. The last CASAPI Assembly was held on November 24, 2007. (<http://cahclan.org/displaylinks.php?pagecat=updates&id=148>)

In 2007, the PSPME has started to hold activities outside Metro Manila to places where there are



no pediatric endocrinologists. So, the second lay forum was held in cooperation with the PPS Central Luzon Chapter on October 20, 2007. The 5th Convention was held at the Subic Bay Freeport Zone on October 21, 2007.

In celebration of the World Diabetes Day, the PSPME sponsored a Poster Making Contest with the theme "Batang Diabetiko – Masigla, Malusog, Malikhain; Ano ang Bukas Para sa Akin" (Diabetic Child – Lively, Healthy and Creative; What is My Future) participated by diabetic children. The Pediatric Diabetic Camp is another joint activity of PSPME with the Section of Pediatric Endocrinology, UP-PGH. The last one was just held on July 19, 2008.

The PSPME participated in the Newborn Screening Technical Working Group Meeting at the National Center for Disease Control and Prevention on September 24, 2007 and also signing of Memorandum of Understanding on the organization of the Philippines Thyroid Council with the International Council for the Control of Iodine Deficiency (IDD), Department of Health, Department of Education, UNICEF, different medical societies, Food and Nutrition Research Institute (FNRI), Association of Municipal Health Officers of the Philippines (AMHOP) on January 21, 2008.

The pediatric endocrinologists in the Philippines are not only active as a group, PSPME, in various activities, but also very energetic as individuals to participate and to give lectures in various conferences of local chapter of medical society, hospitals or medical schools, as well as national or international conventions.

Sioksoan Chan-Cua, MD

The photos on these pages are taken at a variety of camps and forums run by the PSPME.

APPES COUNCIL

The following council were elected into their position at the APPES Biennial Meeting in Thailand.

EXECUTIVE COUNCIL

President:	A/Prof Wayne Cutfield	New Zealand
Secretary:	Dr Suttipong Wacharasindhu	Thailand
Treasurer:	Dr Craig Munns	Australia
President Elect:	Prof Xiaoping Luo	PR China
Immediate Past President:	A/Prof Christopher Cowell	Australia

COUNCIL

Dr Aman Pulungan	Indonesia
Prof Louis Low	Hong Kong
Prof Keiichi Ozono	Japan
Dr Sioksoan Chan-Cua	Philippines
Prof Sei Won Yang	Korea
Prof Byung Churl Lee	Korea
Prof Kittti Angsusingha	Thailand
A/Prof Kah Yin Loke	Singapore
Dr Geoffrey Ambler	Australia
Dr PS Menon	India
Dr Chunxiu Gong	PR China

An invitation is extended to all APPES members to submit news for the newsletter.
The newsletter will be published 4 times a year.

If you would like to submit articles or photos, please do so via email on appes@willorganise.com.au

Future Events

2008:

Aug 12-16

34th Annual Meeting of ISPAD Durban, South Africa
www.ispad2008.com

Aug 22 - 24

ESA Clinical Weekend
Hilton on the Park, Melbourne
www.esaclinicalweekend.org.au

Aug 25 - 28

ESA Annual Scientific Meeting
Melbourne Convention Centre
www.esa-srb.org.au

Sept 20 - 23

47th ESPE Meeting: Istanbul, Turkey
www.espe2008.org/
Email: espe2008@congrex.se

Oct 24 - 28

EAP 2008 (formerly Europeadiatrics) 2nd Congress of the European Academy of Paediatrics
Nice, France
www.kenes.com/paediatrics/

Oct 28 - 29

APPES Fellows Meeting, Seoul Korea
www.appes.org

Oct 29 - Nov 1

5th Biennial APPES Scientific Meeting Seoul, Korea
Email: appes@willorganise.com.au
Web: www.appes2008seoul.org

Nov 8-12

13th International Congress of Endocrinology, Rio de Janeiro, Brazil
www.ice2008rio.com

Nov 17-19

Australasian Paediatric Endocrine Group (APEG) Annual Scientific Meeting
Canberra, ACT, Australia
www.apeg.org.au
Email: apegasm@willorganise.com.au

2009:

Sept 9-12

8th Joint ESPE/LWPES Meeting, New York, USA
www.lwpes-espe2009.org

Sept 16-19

34th Annual Meeting of ISPAD, Ljubljana, Slovenia
E-mail: tadej.battelino@mf.uni-lj.si

Nov 15 - 18

Australasian Paediatric Endocrine Group (APEG) ASM
Coolool, Queensland, Australia
www.apeg.org.au
Email: apegasm@willorganise.com.au

2010:

Sept 5 - 11

35th Annual Meeting of ISPAD, Buenos Aires, Argentina

Sept 22 - 25

49th ESPE Meeting
Prague, Czech Republic

If you have a meeting you would like to add to this listing, please email the APPES Secretariat on appes@willorganise.com.au with the following details:

- Name of Conference, City/Country where being held, Website Address and Contact Email Address